


Wellbeing calendar 2021-22

Find out more and download resources at retailtrust.org.uk/resources

 Resources will be available

 Social campaign - make sure you are following our channels



If there is anything else you need or if you have any queries, please email marketing@retailtrust.org.uk



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May

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1	2
	3	4	5	6	7	8
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Mental Health Awareness Week (10-16 May)

August

Mon	Tue	Wed	Thu	Fri	Sat	Sun
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

November

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

Purple Tuesday (2 Nov)

Global Entrepreneurship Week (8-14 Nov)

International Men's Day (19 Nov)

16 days of action tackling domestic violence (25 Nov - 10 Dec)

February

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

National Apprenticeship Week (7-13 Feb)

Random Acts of Kindness Day (17 Feb)

June

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Pride Month (1-30 June)

Men's Health Week (14-20 June)

World Wellbeing Week (21-27 June)

September

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Remember a Charity Week (6-12 Sept)

World Suicide Prevention Day (10 Sept)

National Inclusion Week (27 Sept - 3 Oct)

December

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Giving Tuesday (1 Dec)

UK Charity Week (6-12 Dec)

March

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

International Women's Day (8 March)

July

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Domestic Abuse Awareness (1-31 July)

World Youth Skills Day (15 July)

October

Mon	Tue	Wed	Thu	Fri	Sat	Sun
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Black History Month (1-31 Oct)

International Day of Older Persons (1 Oct)

World Mental Health Day (10 Oct)

National Work Life Week (11-15 Oct)

World Menopause Day (18 Oct)

January

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Financial Wellness Month (1-31 Jan)

April

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1	2
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Stress Awareness Month (1-31 April)

World Health Day (7 April)

Queen's Birthday (21 April)